
Thursday

Breakfast

Apple juice
Bread and jelly
Canned milk or reconstituted milk
Sanka or hot tea
Special K

Dinner

Tomato juice or apple juice
Chicken and noodles
Green beans
Applesauce
Canned milk or reconstituted milk
Sanka or hot tea

Supper

Vegetable beef soup
Peanut butter sandwich
Graham crackers
Canned pears
Sanka or hot tea
Canned milk or reconstituted milk

Friday

Breakfast

Orange juice or prune juice
Bread
Canned milk or reconstituted milk
Sanka or hot tea
Rice Krispies

Dinner

Corned beef hash
Fruit cocktail
Wax beans
V-8 juice
Canned milk or reconstituted milk
Sanka or hot tea

Supper

Macaroni and cheese
Beets
Canned peaches
Sanka or hot tea
Canned milk or reconstituted milk
Bread and jelly

Saturday

Breakfast

Apple juice or prune juice
Bread and jelly
Canned milk ore reconstituted milk
Sanka or hot tea
Product 19 or corn flakes

Dinner

Beef stew
English peas
Apple juice
Bread and jelly
Vanilla pudding

Supper

Applesauce
Sanka or hot tea
Canned milk or reconstituted milk
Tomato or V-8 juice
Peanut butter sandwich or Special K